

Private Midwife or Doula for support during childbirth

Information for patients and carers

You have engaged with a Private Midwife or Doula...

At Grampians Health Ballarat we support your right to decide about your pregnancy care and how you would like this to occur

Support during childbirth

Support during childbirth is very important but can look different to each person, their partner and family. We respect that some women choose to have a private midwife or doula as their support person and although the service will support your decision it needs to be highlighted that their role is very different to that of a midwife or doctor at the service.

Midwives and doctors

Midwives and Doctors are there to care for you during pregnancy and birth, as well as offer advice.

Homebirth to hospital

If you decide that you would like to have a home birth we still recommend that you still book into the hospital for the birth. We recommend this as childbirth doesn't always go to plan and by pre-booking the birth at the hospital allows for an easier process if or when that time might occur.



The midwives and doctors will:

- encourage you and your partner to be involved in any decisions
- ensure you receive all the information required to make decisions
- support your birth plan as much as practical

Your support person:

- partner, family, private midwife or doula
- assist with advocating what you might need
- assist with relaxing breathing, massage and positioning

If you have any questions:

If you have any questions about using a private midwife: Please ask the midwife or doctor at your next clinic appointment, or Call the Maternity Unit on 5320 4533 and ask to speak to the Nurse Unit Manager.